



## **TrailRider Hike**

### **Overview**

A TrailRider Hike consists of working together to assist an individual with a mobility challenge to access and enjoy a mountain trail, with the ultimate aim of arriving at a viewpoint or point of interest.

### **Event Details**

Your team will assist a group of around 1-3 adaptive guests. Your team will assist a group of around 1-3 adaptive guests. Guests will vary in age and abilities and will be living with neurodivergence or physical challenges. Those with physical challenges will be using a TrailRider in order to use the trail. The TrailRider itself is a 1 wheeled device that can be used on varied terrain. The TrailRider must be guided by a trained staff or volunteers and can not be used completely independently by the guest.

When on flat terrain, one - three individuals can often guide the TrailRider independently. When on steep terrain, 10- 15 individuals may be required in order to maneuver the TrailRider through steeper grades or around tree roots. Guides will assist the TrailRider from both front and behind and switch places after a set period of time.

At the trailhead, your group will be taught how to use and guide a TrailRider. Groups will then be divided into smaller numbers, in order to assist each guest using a TrailRider. At the trailhead, your group will be taught how to use and guide a TrailRider. Groups will then be divided into smaller numbers, in order to assist each guest using a TrailRider.

The RMA guests attending will be determined by your group size and ability. Often, guests who partake in this are unable to reach a peak or viewpoint without assistance. Therefore, your team will provide a unique experience to the guest.. Disability groups may attend the activity with caregivers or staff members who will be on hand to assist, as needed.

### **Requirements:**

#### **Skill**

Your staff should be comfortable hiking for a distance of 3km or more with some incline. During your first meeting with RMA, please let us know the difficulty of the hike your team would be suited to and any particular concerns or requests based on health conditions.

### **Gear**

Comfortable shoes or hiking boots, warm socks, layers of clothing suitable to weather conditions, rain jacket and pants, backpack, 2 litres of water, lunch and snacks

### **Other**

Your team will be required to take part in an orientation (via Google Meets, or in person), prior to the event, and complete a Waiver.

### **Availability**

June - September

### **Schedule\***

9:00am - 4:00pm

### **Location**

Lake Louise, Canmore, Banff, or Kananaskis Country

### **Group Size**

10-40

### **Pricing**

From \$3000

### **Additional Extras**

Transportation to and from site, lunch and snacks

\*Times are approximate

\*\* Pricing is subject to change